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**FROM MILK TO MEAT**

## 1 CORINTHIANS 3:1-3A

And I, brethren, could not speak to you as to spiritual men, but as to men of flesh, as to infants in Christ. **2** I gave you milk to drink, not solid food; for you were not yet able *to receive it*. Indeed, even now you are not yet able, **3** for you are still fleshly

## HEBREWS 5:11-14

**11** Concerning him [Christ] we have much to say, and *it is* hard to explain, since you have become dull of hearing. **12** For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. **13** For everyone who partakes *only* of milk is not accustomed to the word of righteousness, for he is an infant. **14** But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

## WHAT ARE THE SPIRITUAL MILKS OF THE BIBLE?

Therefore leaving the elementary teaching about the Christ, let us press on to maturity, not laying again a foundation of repentance from dead works and of faith toward God, **2** of instruction about washings and laying on of hands, and the resurrection of the dead and eternal judgment.

**Hebrews 6:1-2**

## SPIRITUAL BABIES

**-Slow to learn, not quick to listen to the leadership of God.**

**11** Concerning him [Christ] we have much to say, and *it is* hard to explain, since you have become dull of hearing.

**-Inability to articulate faith, dependence on other men and women of the faith**

**12** For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food.

## SPIRITUAL BABIES

### -Fleshly and Fleshy

**2** I gave you milk to drink, not solid food; for you were not yet able *to receive it*. Indeed, even now you are not yet able, **3** for you are still fleshly

### -Inability to discern between things of God and evil things

**13** For everyone who partakes *only* of milk is not accustomed to the word of righteousness, for he is an infant. **14** But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

## GROWING UP IN CHRIST

**18** But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.

**2 Cor 3:18**

**11** And He gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers, **12** for the equipping of the saints for the work of service, to the building up of the body of Christ; **13** until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ. **14** As a result, we are no longer to be children, tossed here and there by waves and carried about by every wind of doctrine, by the trickery of men, by craftiness in deceitful scheming; **15** but speaking the truth in love, we are to grow up in all *aspects* into Him who is the head, *even* Christ,

**Ephesians 4:11-15**

## THE COST OF DISCIPLESHIP

**25** Now large crowds were going along with Him; and He turned and said to them, **26** “If anyone comes to Me, and does not hate his own father and mother and wife and children and brothers and sisters, yes, and even his own life, he cannot be My disciple. **27** Whoever does not carry his own cross and come after Me cannot be My disciple.

**Luke 9:25-27**

**Spoon-fed encounters with God**

**The cost of a healthy marriage**

**“Will someone disciple me!?!?”**